



YOUR NAME

YOUR AGE

YOUR GOLF FACILITY

YOUR CLASS DAY & TIME

DIRECTIONS:

FOR THE MASTERY OBJECTIVE YOU MUST COMPLETE THE FOLLOWING TEST & ACTIVITIES. ONCE COMPLETED YOU CAN TURN INTO YOUR COACH TO GRADE. YOU MUST GET 80% CORRECT TO PASS!

M

MENTAL SKILLS TEST

Directions: Fill in the blank and label True or False for the following questions:

1. What does it mean to be talented? _____

2. "We are born talented" True False
3. Which of the following is the most important
 - Being the winner of challenges, activities, competitions
 - Working hard & putting forth your best effort every day
4. List 2 Ways you can become talented at golf:
 - _____
 - _____
5. List 2 Non- Golf Activities you want to become talented at:
 - _____
 - _____

M

GOLF KNOWLEDGE TEST

Directions: Fill in the blank and label True or False for the following questions.

The Golf Course:

1. We start the hole at the _____
2. We end the hole at the _____
3. The area with the short grass between where we start and end the hole is the _____
4. The _____ is where we check in to play & purchase golf equipment, merchandise, and food!



M GOLF KNOWLEDGE TEST CONTINUED

YOUR NAME _____

Golf Equipment:



- _____ are used to hit off ground the ball from shorter distances.
- The _____ is used to roll the ball in the hole on putting green.
- The club generally used to start the hole on the tee box is the _____.

LABEL THE CLUB TYPES BELOW:



4. _____



5. _____



6. _____

LABEL THE PARTS OF THE CLUB BELOW:

7. _____

8. _____

9. _____

10. _____

M KEEPING SCORE TEST

Directions: Fill in the blank and label True or False for the following questions.

- True False 1. Golf is like basketball where the highest score is the winner
- True False 2. One stroke above PAR is called a BOGEY
- True False 3. The PAR on a hole increases the longer the hole is
- True False 4. One stroke under par is called a BIRDIE
- True False 5. When playing golf we want lots of Bogeys.

Directions: Fill in the scores & total below with the information given in "Score" Row.

Example: On hole 1 Adalyn got a Par. Hole 1 is a Par 4. So Adalyn got a 4.

HOLE	1	2	3	4	5	6	7	8	9	TOTAL
COURSE PAR	4	5	4	4	3	4	5	3	4	36
Adalyn	4									
Adalyn's Score	PAR	BIRDIE	BOGEY	PAR	BOGEY	BOGEY	PAR	BIRDIE	BIRDIE	TOTAL