

AT THE
CHAMBERSBURG
COUNTRY
CLUB



LIFEGUARD COURSE

WHAT YOU NEED: Be able to swim 500 yards, turn 15 years-old by the end of the course, lifeguard book, CPR mask, and an email address.

The American Red Cross lifeguard course will take place over one weekend. Participants will participate in a blended learning experience including completing online assignments, and hands-on lifeguarding and CPR skills. You must be in attendance for everything.

All participants will need the guard book and a CPR mask, which is available for purchase at www.redcross.org, by the first day of class. A free digital version of the guard book is available on their website. The cost of the course is \$250. Payment will be taken the first day of class. Questions may be directed to Kate Smith (717) 658-0903 or katemiller3041@gmail.com.

Dates:

Saturday, May 14: 9am-4pm

Friday, May 20: 5pm-8pm

Saturday, May 28: 9am-11am

Please click on the link below to register for the class. Once you are registered the instructor will send you a link to complete the online portion PRIOR to the first day of class. You must bring a printed copy of your completion of the online course to the first day of class.

[Registration Form](#)