## Chambersburg Country Club Swimming and Water Safety Program

Welcome to summer at the pool in 2024. It's a new swimming season and we are excited to be part of your summer plans. All but one team member will be returning this year to serve our members. In addition to our returning instructors, we have recruited several new lifeguards to complete the team. Be sure to check out their bios in the breezeway. We have one of the best learn to swim programs in the area. Our swimming instructors are also swimming athletes who know the strokes as well as the hard work and commitment it takes to master them. They also understand that young swimmers must be patient through the process as they build a solid foundation through sound fundamentals in order to fully hone their swimming skills. If learning to swim and developing strong swimming skills is on the family's list this summer, then there's no better place to get started than here at the Chambersburg Country Club. We are ready to serve you!

**Our Vision:** The Chambersburg Country Club Swimming and Water Safety Program seeks to develop life-long swimmers and to promote water safety in our community. We strive to foster a love for the water and to equip our swimmers with the necessary skills for lifelong enjoyment of a variety of swimming activities.

**Our Mission:** We aim to deliver a highly recognized swimming program that incorporates a proven progressive curriculum, with trained and caring instructors who recognize and celebrate the diversity, uniqueness and innate potential of each child. Safety and commitment to excellence are at the forefront of our program and serve as the catalyst for success.

## **Our Core Values**

- 1. **Respect-** We promise to show the utmost respect toward our swim families, our coworkers, and ourselves.
- 2. **Commitment-** We are committed to excellence and to providing the best experience we possibly can to every child we serve.
- 3. **Growth-** We take pride in helping each child grow both as a swimmer and as a person.
- 4. **Safety-** We strive to make sure that every swimmer who participates in our program feels safe and valued.
- 5. **Enjoyment** We love what we do, and it is our hope that our love and enthusiasm for swimming would be passed on to our swimmers.
- 6. **Teamwork-** We value our fellow teammates and are committed to cultivating a culture of trust, responsibility and kindness.
- 7. **Caring-** At the very center of our core values is an authentic caring for our swimmers and their families; we want what's best for them.

## 2024 Swimming Lesson Schedule

All classes run weekly, Monday through Friday, rain or shine. We will begin the week of June 10 and continue through the week of August 12 (10 weeks).

Level 1- Pre-beginner, beginner, advanced beginner (3-5 yrs.)	10:15-11:00
Level 2- Intro to strokes (5-8 yrs.)	9:30-10:15 or 10:15-11:00
Level 3- Stroke development (7-10 yrs.)	9:30-10:15 or 10:15-11:00
Level 4- Advanced strokes (8-11 yrs.)	9:30-10:15
Level 5- Stroke refinement (9-12 yrs.)	9:30-10:15
Level 6- Stroke endurance (9 yrs. and up)	8:45-9:30
Level 7- Fitness swimming (9 yrs. And up)	8:45-9:30
Lifeguard Readiness- Pre-lifeguard skill training (13 yrs. and up)	Week and time TBD
Swim Team Training- (age and skill levels vary)	8:00-9:15

The cost is \$50 for members and \$65 for non-members, per week. Choose any number of weeks that fit your need. \* Club members receive preferential placements.

## Ages are approximate. Levels are determined by skill level and readiness.

Click **here** for a description of each level. Note: level 1 is now broken down into three beginner categories.

For reservations please contact Mark Shoap, Chambersburg Country Club Pool Director <u>mpshoap@comcast.net</u> or, text/call 717-816-1996 Classes will sell out & spaces are limited – CONTACT EARLY TO SECURE YOUR SPOT!

\*Members will be guaranteed a spot if registered during the member only registration.